

Run with the Council

Friday 17 May, 6:30 am CEST

Start your day in an active way and join us at the ESPGHAN 2024 “Run with the Council” to raise funds for the [“ForestaMi”](#) initiative and help plant more trees in Milan!

About the Run

A 5 km scenic run or walk in the area around the meeting venue.

No need to be a fast or a professional runner – we don't give prizes to the fastest one. Choose your preferred speed and enjoy the surroundings.

Note: The route may be subject to change

How to Register

You can register via the registration page when you register for the ESPGHAN meeting.

If you have already registered, please contact our registration department via reg_espghan24@kenes.com to add registration for the Run to your existing Meeting ticket.

We have prepared refreshments for all the runners/walkers. Also, every participant who registers by 18 April will receive a limited-edition T-shirt (note the preferred size when registering), after 18 April, a T-shirt is not guaranteed.

ForestaMi Initiative

All funds, gathered from the Run will be donated to help the planting of more trees by the [ForestaMi](#) initiative.

ForestaMi is a project promoted by the Metropolitan City of Milan whose goal is planting 3 million trees in the area of the Metropolitan City of Milan. This goal will be achieved by increasing the number of greeneries in streets, squares and courtyards, as well as on rooftops and the façades of homes in Milan.

To this day ForestaMi has planted 427,475